

Massage Therapy.

We offer a range of services to meet your needs. From indulgent, to relaxing, to therapeutic, each session is personalized for a delightful and transformative experience!

Kentucky Moon Deluxe CBD Massage (90 Minutes) Starting at \$275*: *Unwind and enjoy a soothing treatment that will relax you from head to toe. It begins with a 60 minute blissful massage with self-warming oil made with full spectrum Kentucky grown hemp, followed by a soothing facial massage, a conditioning scalp massage, and a rejuvenating hand and foot treatment.*

Lymphatic Therapy Massage (60 Minutes) Starting at \$195*: *This form of gentle massage can help reduce swelling and improve circulation throughout the lymphatic system, helping the body remove toxins and waste more efficiently.*

Ashiatsu Massage (60/90 Minutes) Starting at \$195-\$265*: *Experience the ancient art of barefoot massage, a technique that delivers deep, flowing, and consistent pressure, allowing the release of muscle tension without pain or discomfort.*

Deep Tissue Muscle Melt (60/90 Minutes) Starting at \$195-\$265*: *This service, recommended for guests experiencing extreme tension or pain in deeper lying muscles, offers targeted, customized massage, allowing the therapist to address adhesions and trigger points with appropriate pressure and technique.*

Bluegrass Blend Massage (60/90 Minutes) Starting at \$185-\$245*: *Experience our most popular service, a customized full body massage that provides relaxation and targeted tension release. The therapist will primarily use light to medium pressure, with firm pressure on specific areas of tension. Hot stones are included.*

Prenatal Massage (60/90 Minutes) Starting at \$185-\$245*: *This service promotes muscle and joint function, improves circulation, and relieves the mental and physical fatigue associated with pregnancy. *Second and third trimesters only.*

Swedish Massage (60/90 Minutes) Starting at \$175-\$235*: *Gentle, rhythmic Swedish massage, paired with perfectly warmed stones, will soothe muscles and calm the mind.*

Couples Massage (60/90 Minutes) Price Varies*: *Relax together. Enjoy any TWO of our massage services side-by-side in our private couples suite.*

Add on a 30 Minute Session in our Infrared Sauna \$25:

Health benefits include: pain relief, detoxification, enhanced immunity, relaxation, better sleep, and radiant skin.

Hydrafacial Treatments

Get the best skin of your life with Hydrafacial! Our non-invasive treatments improve skin health, address individual concerns, and create a glow like no other. Unlike traditional facials, they are performed with the patented Hydrafacial device, rather than by hand, for deeper penetration and longer lasting results.

Platinum Hydrafacial (60 Minutes) Starting at \$329*: The experience begins with detoxifying lymphatic drainage, followed by cleansing, exfoliation, extractions, and hydration, plus a booster serum and *LED light therapy.

+Dermaplane (90 Minutes) Starting at \$385*

The Griffin Gate Hydrafacial (60 Minutes) Starting at \$299*: This indulgent treatment combines the relaxation benefits of a European-style facial with the powerful cleansing, exfoliation, extractions, and hydration that only a HydraFacial can deliver.

+Dermaplane (90 Minutes) Starting at \$355*

Deluxe Hydrafacial (45 Minutes) Starting at \$249*: This elevated service includes deeply cleansing, exfoliating, and extracting impurities while infusing nourishing ingredients to hydrate skin, plus a personalized booster and *LED light therapy.

+ Dermaplane (75 Minutes) Starting at \$305*

Signature Hydrafacial (30 Minutes) Starting at \$199*: The express treatment includes deeply cleansing, exfoliating, and extracting impurities while infusing nourishing ingredients to hydrate and protect the skin.

+Dermaplane (60 Minutes) Starting at \$255*

Add on Neck & Decollete Treatment Starting at \$99-\$129*: Extend the HydraFacial experience to the neck and decollete area. This service includes the 3 step Signature HydraFacial treatment and optional booster serum.

Eye Perk \$49: Hydrate, refresh, and brighten delicate eye area with HydraFacial PERK Eye Serum.

Lip Perk \$39: Perfect your pout with HydraFacial PERK Lip Serum, a refreshing treatment that exfoliates, hydrates, and plumps your lips.

+Dermaplaning is a physical exfoliation method that requires the use of a sterile surgical scalpel to gently remove dead skin layers, and vellus hair (a.k.a. peach fuzz), resulting in a smoother and more even complexion.

***Platinum and Deluxe Hydrafacials include the use of a Celluma LED light therapy device, which is FDA cleared to kill bacteria that causes breakouts (blue light), reduce inflammation (red light), and stimulate collagen production to minimize wrinkles (red and far infrared).**

European Facials

Our classic European Facials are meticulously designed to rejuvenate and revitalize the skin of the face, neck, and décolleté. Each treatment includes a thorough skin analysis, steaming, cleansing, exfoliation, mask application, facial massage, and moisturization. Melt into relaxation with neck, shoulder, arm and hand massage to complete the service.

Luminous Age-Defying Facial (60 Minutes) Starting at \$195*: *This luxurious, customized treatment featuring Pevonia's range of professional skincare products, is designed to rejuvenate, revitalize, and restore moisture to skin, while addressing specific concerns like fine lines, wrinkles, hyperpigmentation, and sun damage.*

+Dermaplane (90 Minutes) Starting at \$250*

COSMEDIX Clinical Facial (60 Minutes) Starting at \$195*: *Experience a results-driven facial which includes the COSMEDIX 7 Point Skin Analysis and a personalized treatment to address your specific needs. Clean, botanically-derived, and chirically-correct formulations will deliver maximum results with minimal irritation.*

+Dermaplane (90 Minutes) Starting at \$250*

Pro-Corrective Purifying Facial (60 Minutes) Starting at \$195*: *This clinically-proven treatment delivers immediate results to acne-prone skin. Pevonia's ProCorrective line of products offers a superb solution for congestion, acne, breakouts, and irritation. The result is clearer, smoother, healthier skin!*

+Dermaplane (90 Minutes) Starting at \$250*

Farm-To-Spa Botanical Facial (60 Minutes) Starting at \$195*: *This gentle and soothing service can be customized to address all skin types and concerns including sensitive skin, acne, rosacea, and sun damage. This facial is an excellent choice for meeting the unique needs of gentlemen's skin.*

+Dermaplane (90 Minutes) Starting at \$250*

+Dermaplaning is a physical exfoliation method that requires the use of a sterile surgical scalpel to gently remove dead skin layer, and vellus hair (a.k.a. peach fuzz), resulting in a smoother and more even complexion.

Add on Celluma LED Light Therapy to any Facial \$25*

The Celluma LED light therapy device is FDA cleared to kill bacteria that causes breakouts (blue light), reduce inflammation (red light), and stimulate collagen production to minimize fine lines and wrinkles (red and far infrared light).

Head-to-Toe Rejuvenation

BODY WRAPS

Body wraps enhance the health and appearance of the skin, while providing deep relaxation and tension release within the body. Each treatment begins with dry brushing, which removes dead skin cells and promotes lymphatic drainage and circulation. A mask is then applied to the body, followed by a plastic sheet and thermal blanket to warm the skin and open the pores. While the body is wrapped in the “cocoon”, the therapist performs a soothing scalp, neck, and foot massage. After the wrap is removed, moisturizer is applied to the body to seal in the benefits of the treatment.

Mineral Infusion Thermal Body Wrap (75 Minutes) Starting at \$235*: Elevate your wellness with a unique self-heating body wrap that is rich in copper, magnesium, zinc, and calcium, all known for therapeutic and healing properties.

Crepe-No-More Body Wrap (75 Minutes) Starting at \$235*: Rich ingredients improve skin texture as antioxidants and caffeine stimulate cellular metabolism to break down cellulite.

Seasonal Body Wrap (75 Minutes) Starting at \$235*: Enjoy a delightfully scented service from our seasonal rotation of treatments, designed to engage the senses and address the changing needs of the skin.

BODY SCRUBS

The primary function of a body scrub is to remove dead skin cells and moisturize the skin. The treatment also stimulates circulation and lymphatic flow, which can be beneficial in reducing the appearance of cellulite and improving the skin's overall tone and texture. A gentle, purifying salt-based scrub is massaged into the skin, rinsed off, then a rich moisturizer is applied to seal in the benefits of the treatment.

Seasonal Body Scrub (75 Minutes) Starting at \$235*: Enjoy a delightfully scented service from our seasonal rotation of treatments, designed to engage the senses and address the changing needs of the skin.

Add on Celluma LED Light Therapy to any Body Treatment \$25*

The Celluma LED light therapy device is FDA cleared to kill bacteria that causes breakouts, reduce inflammation, and stimulate collagen production to minimize fine lines and wrinkles.

HAND & FOOT TREATMENTS

MOD POD Therapeutic Pedicure (75 Minutes) \$125: Enjoy our most soothing and healing treatment for tired, aching feet! Developed in collaboration with Dr. Nicole Freels of Lexington Podiatry, and featuring their locally handcrafted Modern Podiatrist line of products, the service includes a relaxing soak, exfoliation, hot stone massage, targeted treatments for rough heels, brittle nails, and painful inflammation.

Deluxe Mani/Pedi Combo (90 Minutes) \$159: Soak, scrub, massage, nail and cuticle care + GEL polish

Spa Mani/Pedi Combo (60 Minutes) \$119: Soak, scrub, massage, nail and cuticle care